

# GET INVOLVED

As Minneapolis celebrates being one of the top cycling cities in the United States, Twin Cities community members can use our passion for bikes to give back to our community through Full Cycle. Be part of Full Cycle's vision: to be one of the nation's most successful social enterprises impacting homeless youth. **Learn more about the following engagement opportunities on our website: [www.fullcyclebikeshop.org](http://www.fullcyclebikeshop.org).**



Donate a bike, purchase a bike and accessories, or bring a bike in for maintenance. Encourage others to do the same.



Contribute a tax-deductible donation. Donate in person at the bike shop, by mail, or through our website.



Support our annual fundraiser, The Thrivent Tour, by riding, sponsoring, or volunteering. Learn more at [fullcyclebikeshop.org](http://fullcyclebikeshop.org).



Volunteer to assist with existing fundraising or supporting events. Help create or host your own fundraising event (bike drives, fundraising parties, or bike rides).



Invest in our social enterprise through your business, corporation, or foundation.



Refer youth to our programs.

An Enterprise of



3515 Chicago Avenue South • Minneapolis, Minnesota 55407  
(612) 824-7581 • [www.fullcyclebikeshop.org](http://www.fullcyclebikeshop.org)

# FULL CYCLE

## 2017 ANNUAL REPORT

### WHO WE ARE

Full Cycle, a South Minneapolis non-profit bicycle shop, incorporates four integrated strategies, with some additional projects, to meet the needs of young adults experiencing homelessness on a spectrum ranging from survival to independence. These strategies include our paid internship program, free bike appointments, street outreach, and food access programming. These combined strategies result in over 4,000 interactions annually with young people experiencing homelessness and facing barriers to independence. We sell high-quality used bicycles, new parts and accessories, and provide professional repair services to the general public. This earned income strategy helps fund our programming while exemplifying self-sufficiency.

### OUR MISSION

To connect with and support homeless youth, our community, and our Earth through bikes, business, and relationships.

### WHAT WE DO

**PAID INTERNSHIP PROGRAM | FOOD ACCESS PROGRAMMING (GROVELAND FOOD FOR YOUTH, FULL CYCLE FOOD DELIVERY, & POP-UP KITCHEN) | FREE BIKE APPOINTMENTS | STREET OUTREACH**

Full Cycle's four complementary strategies allow homeless youth to establish strong relationships with supportive staff members who connect them to community resources and support services. These programs help young people achieve independence and reach a place in their lives where they dare to dream about a future beyond the constraints of homelessness.

### GRADUATE OPPORTUNITIES

As Full Cycle evolves, we continue to create opportunities for Intern Graduates to continue their employment and professional growth. Over the past few years, we have incorporated the following Graduate positions to keep young people connected and Full Cycle running smooth:

- Graduate Mechanic
- Graduate Classroom Assistant
- 3 – 4 Full Cycle Food Delivery Riders

Only Internship Graduates are eligible to apply for these part-time, seasonal positions. Graduates can apply for more than one position and may reapply multiple times.

### ADDITIONAL PROJECTS

**Borrow a Bike:** Full Cycle's "Borrow a Bike" initiative allows partnering agencies to keep a small fleet of Full Cycle bikes on sight at their agency. Bikes are loaned out for a period of six months during the prime cycling season to be used by youth accessing those agencies as a means of healthy transportation and recreation.

**Full Cycle Gardens:** In the alley behind Full Cycle Bike Shop you'll find our own little oasis. Generous seedling donations from Uproot Farm and Wozupi Tribal Gardens each spring, have allowed us to keep our three raised beds in production. Interns and staff help plant and harvest, FCD Riders bring produce to local shelters and drop-in centers, and all of our participants have access to fresh veggies.

15 and under.

**Neighborhood Days:** Once a month throughout the summer, Full Cycle offers free bike repairs and prizes to youth ages

### INTERNSHIP STORY

When Arthur stops by the shop to say hi or work on his bike (his main form of transportation), staff and youth can't help but greet him like a celebrity. We are genuinely happy and excited to see him. Arthur has calm, warm energy. He's an artist, and passionate about all types of creating. While an intern, Arthur put a lot of effort into being a reliable employee, a supportive coworker to his peers, and a new mechanic. Meanwhile, he was working hard to find stable housing for himself, his brother, and his mom and, like any young person, figuring out who he was and how he wanted to be in the world. Full Cycle staff were there when he asked for help navigating resources, or needed some encouragement that he was headed in the right direction.

Upon graduating, Arthur applied to continue working for Full Cycle through our Food Delivery program. It was easy to hire him back—his ability to connect with others, his reliability as an employee, and his genuine desire to help others when able, made him an excellent fit for a position that combines outreach with food distribution and cycling. He'd also become a regular bike commuter which made the ensuing mileage no big deal. Arthur reliably biked thousands of food all over the Twin Cities each week—totaling over 100 miles by the end of the long, hot summer. Each week during drop-offs, the young people and staff we met often already knew or recognized Arthur. It was apparent we weren't his only big fans. Arthur also has great ideas. As a part of his Food Delivery career, he created a bridge between Full Cycle and 66 West, a transitional living program for homeless youth located in Edina. On his own initiative, he coordinated a day for the team to bring food to stock the 66 West community kitchen and pantry. This launched a very meaningful partnership between the two agencies, and ongoing collaboration. Full Cycle now prioritizes 66 West as one of our outreach sites and has a great reputation at the site because residents have heard such good things about the Full Cycle experience from their peer Arthur. At the beginning of fall, Arthur came on the annual Thrivent Tour, committing to ride 30 hilly miles in the blazing heat. This was a long, steep ride that pushed us all to our edges and Arthur crossed that finish line with a smile on his face and a huge sense of accomplishment.

Arthur made a big impact while employed as an Intern Bike Mechanic and Graduate Food Delivery Rider, and has a lot to be proud of as a young person learning what it means to balance his personal needs, goals, and passions. Full Cycle will happily continue to do what we can to support, guide, and witness his journey.

## PARTNERSHIPS BUILDING CAPACITY

Quality Bicycle Products  
Thrivent Financial for  
Lutherans

Brad & Pete's Excellent  
Adventure (Brad  
Bauer & Pete Glerum)  
Donaldson Co.  
Matter

Powderhorn Empty  
Bowls  
Minneapolis Public  
Schools  
Equal Exchange Coffee

FB4K  
Sisters Camelot  
Produce Exchange  
Turtle Bread

Groveland Emergency  
Food Shelf  
Street Works  
Collaborative  
Archdale

Blockhead Printing  
Division of Indian works  
Erik's Bike Ranch  
Hope Street  
Jakeeno's

Nicollet Square  
Seward Community  
Coop  
Whole Foods  
Wozupi Tribal Gardens

Youth Farm  
Youth Link  
Brian Coyle Center  
Waite House  
Oak Park

# 2017 FINANCIALS

### INCOME:

United Way	118,420
Contributions	205,932
Government	161,369
Sales	181,251
In-Kind Contributions	30,822
<b>Total Income</b>	<b>\$697,794.</b>

### EXPENSES:

Personnel Expenses	439,980
Professional Fees	1,696
Participant Expense	61,308
Telecommunications	7,877
Office <sup>1</sup>	18,245
Occupancy	38,838
Transportation & Travel	3,149
Staff & Volunteer Expense	2,581
Miscellaneous	11,789
In-Kind	30,869
Allocations <sup>2</sup>	116,502.
<b>Total Expenses</b>	<b>\$732,834</b>
<b>Net Deficit<sup>3,4</sup></b>	<b>(\$35,040).</b>

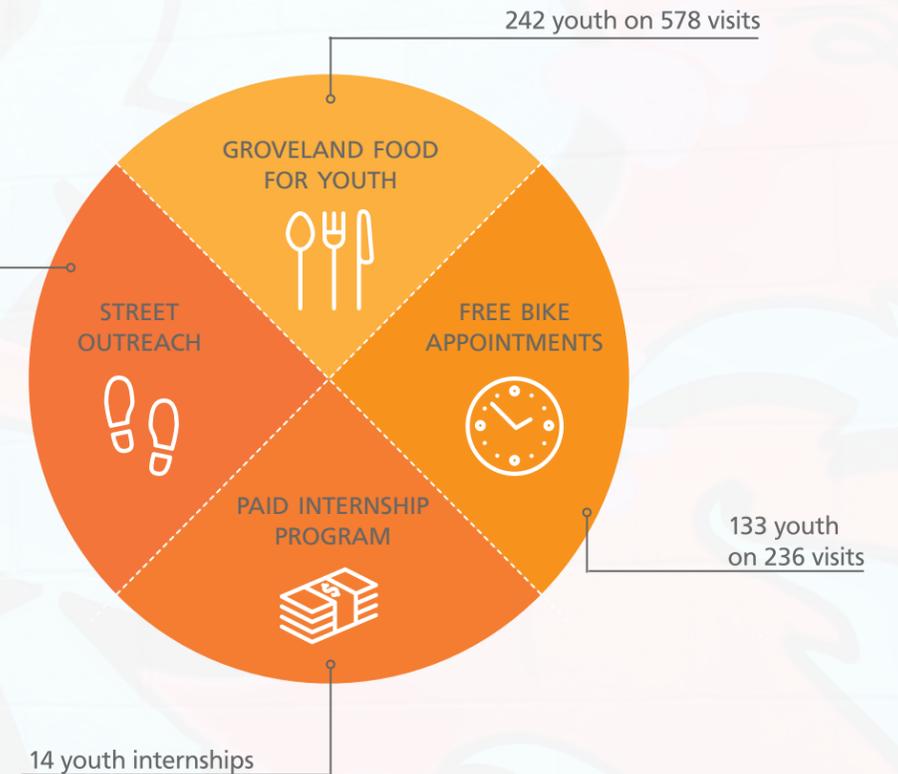
<sup>1</sup> Office Expenses include: IT, Evaluation, Equipment, and Connectivity.

<sup>2</sup> Allocations represent a share of the Operating Expenses, Depreciation, Executive and Governance, Finance, IT, HR, Asset Management and Contract Management of Pillsbury United Communities allocated to us in connection with our use of personnel, resources and space provided to us by Pillsbury United Communities.

<sup>3</sup> Operating deficits have, in the past, been funded by Pillsbury United Communities. A small saving assessment (margin) is budgeted each year to manage division deficits.

<sup>4</sup> Operating surpluses ensure access to working capital for larger program purchases or building/shop upgrades.

2,829 youth  
on 3,405 visits



**20,000**  
POUNDS OF FOOD  
PROVIDED



**157**  
NUMBERS OF BIKES  
GIVEN AWAY



**295**  
NUMBERS OF BIKES  
SOLD



**\$161,000**  
TOTAL SHOP  
INCOME



**3,312**  
HOMELESS YOUTH  
SERVED



**4,375**  
YOUTH CONTACTS

## FUNDERS

Adobe  
ADT Dental, Ltd  
Allina Health System  
Ameriprise Financial  
Ameriprise Financial  
Employee Gift Matching  
Program

Bank of America  
Charitable Foundation  
Bishop McCann  
Boylan Central Catholic  
High School  
Bromelkamp Family  
Charitable  
Fund at Schwab  
Charitable  
Burns Family Foundation

Bush Foundation  
Castlelake  
Dancing Dragonfly Winery  
Dero Bike Racks  
GovDocs, Inc.  
Greater Twin Cities United  
Way  
Groveland Emergency  
Food Shelf, Inc.

InFaith Community  
Foundation  
Marsh & McLennan  
Agency  
McKnight Foundation  
Meristem Family Wealth  
Metamorphosis Group, Inc.  
Minneapolis Public  
Schools- Special School  
District No. 1

Nikki Sorum and Simon  
Foster Fund of InFaith  
Community Found  
Seward Community Co-op  
Sundance Family  
Foundation  
Sunrise Community Bank  
The Charlson Foundation  
The Chicago Community  
Trust

The Minneapolis  
Foundation  
The Stull Family  
Foundation  
Thrivent Financial  
Urban Arts Academy –  
BUSH  
Walker Community United  
Methodist Church  
Wehmann Models/Talent Inc.

Wells Foundation  
White Oaks Wealth  
Advisors, Inc.  
**2017 THRIVENT TOUR  
SPONSORS**  
ADT Dental, Ltd  
Allina Health System  
Castlelake  
Collaborative Leadership  
Team

Dancing Dragonfly Winery  
Dero Bike Racks  
GovDocs, Inc.  
Marsh & McLennan  
Agency LLC  
Meristem Family Wealth  
Sunrise Community Bank

